

# Whittier Girls Softball League

## Managers & Coaches Handbook

# 2009



# Whittier Girls Softball League

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# Whittier Girls Softball League

## Preface

### Objectives

- To promote amateur softball for all girls regardless of race, color, creed, religion, sex, national origin or ancestry.
- To establish and maintain effective communication among and throughout the Board, the coaches and managers, the parents and players.
- To provide proper safeguards in accordance with the spirit of true sportsmanship and establish principles for ethical behavior and matters relating to conflict of interest as provided by the ASA Council and the Whittier Girls Softball League.
- To educate and train in the proper skills of amateur softball play and rules of the game through promoting, organizing, and conducting clinics, seminars and training courses.

### Obligations and Responsibilities

1. Team Mom and Player Parents will conduct themselves in a proper manner at all league functions. Any conduct toward disrespect behavior, bad language, or physical abuse will not be tolerated and the league to adhere to appropriate discipline action.
2. The Team Mom will be responsible for promptness to all games, practices and special events. It is up to the Team Mom to pay attention to the notices and information given by WGSL. The Team Mom and Managers are expected to relay this information to their Team Moms.
3. The Team Mom shall make every effort to be at all practices, games and special events at the assigned time. It is your responsibility to notify your manager and/or coach and/or team mom ahead of time if possible, if you cannot make it on time or at all.
4. The Team Mom shall not leave any girls alone at practice. The Team Mom will escort any player that needs to go to the restroom. Player escorts to the restroom must be a female over the age of 18 years old.
5. Adult volunteers are expected to take proper care of all league equipment, to treat school facilities with respect i.e., dugouts, fences, benches, bleachers, restrooms, Snack Shack, fields, etc.
6. It is the sole responsibility of parents to provide transportation for their daughter to and from all team practices, games and other league activities. If your daughter walks or rides a bicycle, a signed note of release must be given to your daughter's manager. We strongly encourage you to stay at your daughters practices. Please be prompt when picking up daughter from practice.
7. Parents will notify the manager, coach or team mom ahead of time in the event of illness or injury or other necessary absence from a game, practice or special event.

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## WGSL Code of Conduct Expectations

### Part I

Whittier Girls Softball League is committed to the development of good sportsmanship, leadership and good citizenship in our youth. Underscoring this commitment is the belief that our children learn best by our example as responsible parents and accountable adults. We encourage You, Signer of this document, to inform family members, friends and/or relatives that may attend to watch a game or any other WGSL activity that the established Code of Conduct with penalties will be enforced at the discretion of the Executive Board. We ask all Parents, Managers, Coaches, and Adult Volunteers to read, sign and support a Code of Conduct as established by the WGSL.

### Part II

California State Law prohibits smoking of any substance and the consumption of any alcoholic beverage on a school campus. First offense will be first and last warning and will result in compliance to cease activity. Second offense may result in disqualification from the league. In the event of such offense, WGSL reserves the right to contact local law enforcement (Whittier Police Department) to assist in the removal of the offender, you, the undersigner of this document and disqualification may or may not include player/daughter. All violations will be resolved immediately, upon Board approval, without the need of a hearing, meeting, or discussion of said violators.

### Part III

As an affiliate of the City of Whittier, the WGSL has special rights fully supported by the City of Whittier. Please note: WGSL Executive Board reserves the right to refuse any application, prior to the start of any season and/or at the time of registration and/or "sign-ups," for any reason or event having occurred before the start of any season and/or any past season or during the season where one has been found to be in violation of the Code of Conduct.

Any behavior found to be considered unsportsmanlike, derogatory in nature, in direct violation of the WGSL Code of Conduct, ASA Official Guidelines, or considered unhealthy for our children is subject to immediate removal from the league event and/or school premises and will be dismissed from the League and all refunds will be denied.

### Code of Conduct

Standards of conduct are part of the ASA National Code and Southern California Rules and Regulations. Every ASA member and WGSL member shall respect these standards. A Manager, Coach, player, parent or any other individual affiliated with the team shall not violate any of the following:

1. The Rules of Conduct apply to all participants and spectators at any and all WGSL functions and activities.
2. Unsportsmanlike conduct or any derogatory action on or off the field. Specifically prohibited are:
  - a. Obscene language, profanity and/or gestures.
  - b. Verbal or physical attack or threat upon an umpire, "Blue," or ASA official.
  - c. Harassment.
  - d. Any form of alcohol or consumption of controlled substances on or near the field of play or at practices, games or any WGSL event.
3. Destruction of property, abusive behavior or violation of state or federal law.
4. Non-payment of team-incurred debts.
5. Playing under an assumed name or falsifying an official ASA or WGSL document.
6. Writing checks with non-sufficient funds (NSF) or account closed checks to an ASA official, umpire, individual, business, to the WGSL and/or on behalf of the WGSL.
7. Commission of fraud or larceny perpetrated against an ASA official, a team or the WGSL.
8. Use of any logo or trademarks without express permission.
9. Commission of any acts that are contrary to the objectives and purposes of the ASA or the WGSL.
10. Failure to comply with these rules and regulations will be grounds for reprimand, suspension, and/or dismissal from WGSL. All decisions will be made by the Executive Board. In the event that the situation involves an Executive Board member, said member will be excluded from discussion on that matter.
11. Ejection from a game – If a staff member, spectator, or player is ejected from a game by an umpire, the said person shall remove themselves from WGSL premises. Ejection must be reported to the Executive Board member on duty, and noted in the scorebook. That person shall also receive a suspension from the next scheduled game.

**Violation of any of the above may result in suspension or disqualification from the League.**

**Please remember that we are here to promote a healthy environment for our children, players, family and friends.**

# Whittier Girls Softball League

## Getting Started

### Ready Set Go!

Well, here you are. You're managing or coaching a softball team. Are you a first year coach wondering, "What in the world do I do now?" or "Why did I ever let them talk me into coaching?" Perhaps you're a seasoned veteran just wanting to help your players perform better. Whatever the case, the following pages are designed to help you do a better job coaching youth softball.

Playing and coaching softball should both be FUN. You are putting in a lot of time, probably more than you expected, and it should be an enjoyable experience.

Surveys consistently list "fun" and "skill development" as the two main reasons kid's participate in sports. Yet, coaches create situations in which these two items are emphasized. Devise teaching methods, examples, drills and contests that are enjoyable for the players.

At the same time, these can be learning experiences to develop skills. As a coach, you must have a positive attitude and try to instill the same positive attitude in each player. Look for ways that allows each player to experience success and to contribute to the team.

Avoid the use of the word "don't." Tell players "what to do" rather than "what not to do". Work towards constructive advice and praise for effort.

### Communication – Team Building

The ultimate key to your success as a coach lies in your ability to communicate effectively. If you can't get your knowledge into your players heads so that, after proper practice, they can perform the skills, then your knowledge is useless.

The words you use when correcting your athletes will make a big difference in how they respond to your coaching. Look for new and better ways to get your point across. Use examples that kids understand and can relate too. Keep it simple, use short words that the players understand. It is recommended that you have a minimum of two coaches to assist in the instruction and demonstration of basic skills during practices. One, two or even three repetitive activities may be performed simultaneously at each practice. In games, one coach occupies the third base coaching box and the other the first base coaching box.

### Four Concepts in Teaching Skills

#### 1. Introduce

Arrange your players so they can see and hear clearly. Never have them look or face into the sun. Name the skill and describe why it is important.

#### 2. Demonstrate

Decide who will demonstrate. Make sure they can perform it correctly. You should also demonstrate from different angles.

#### 3. Explain

The explanation should complement the demonstration. Avoid pointing out every detail; instead, focus only on a few key points.

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## 4. Preparing a Practice Plan

Be prepared at practice. Don't stand around trying to decide on what drill to work on next. Break down your practices into 10 or 15-minute segments. A good practice consists of six (6) common components:

- Warm up
- Practice previously taught skills
- Teach and practice new skills
- Practice under contest-like conditions
- Cool down
- Evaluate

## Winning & Losing

How much emphasis do you want to put on winning? Two familiar quotations are "Winning isn't everything, it's the only thing" and "It doesn't matter whether you win or lose, it's how you play the game." The issue isn't if you emphasize winning, but how you emphasize winning and how much.

One can redefine winning to mean putting forth our very best effort or achieving a certain level of improvement, rather than scoring the most runs. Winning for a beginner might be making contact with a pitch or just catching a fly ball. For an advanced player, it might be finally being able to consistently hit to the opposite field. The final score can't be our only measure of success or failure.

If you think about it, the player can only control the effort. There is not much control of the outcome. Teach your players to focus on their effort and skill execution and in doing so a win will often be the result.

Winning is important and coaches should teach that truth. However, it's important to focus on effort and not over-emphasize the outcome.

## Objectives & Expectations

A few common objectives that we would like to see accomplished are that the players have fun while developing their physical, mental and social skills. Also, that the players are taught how to be good sports whether they win or lose. Don't focus on "Winning is everything". Please observe the following for each division listed below.

**Important:** A female adult (18 or older) must be present at ALL team practices, games, and team functions.

### T-Ball

- How to throw the ball, stepping with the correct foot, arm follow through
- Making bat contact with the ball off the tee
- NOT THROWING the bat
- Ready position
- How to field a grounder
- How to catch a fly
- Learning each defensive position on the field
- Running to first and through first base

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- Running to second, third and home
- Learn they can not over run the base

## 8U

*Continue to reinforce all of the above*

- Throwing the ball. No looping the ball, throw it hard and straight
- The difference between a ball and a strike
- Three (3) strikes is an out
- Four (4) balls is a walk (this division coach will pitch)
- Three (3) outs, switch offense and defense positions
- Development of pitchers
- Getting in front of the ball when fielding a grounder
- Follow the ball, know where to go on defense
- How to play infield positions
- Shortstop and second base are cut off
- How to play outfield positions
- Run at an angle, cut off the ball
- Hit your cut off, never throw to the pitcher
- Turn/rotate to your glove side
- Don't run with the ball, step and throw
- How to lead off a base
- Stealing a base
- Sliding, the basic slide
- Learning each defensive position on the field
- Understanding the basic concept of the game

## 10U

*Continue to reinforce all of the above.*

- Bunting
- Squeeze bunt
- Hit and run
- Delayed steal
- Not running into an out
- Pickles, where to cover
- Backing up the bases
- Body position when catching a fly ball
- Concept of signs / signals
- Sliding, hook, slide by, head first etc.
- Understanding the "lead runner," and not just throwing to first base.
- Learning each defensive position on the field
- Understanding the basic concept of a game

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## 12U

*Continue to reinforce all of the above.*

- Double plays
- Pick off plays
- Perfecting Squeeze bunts
- Hit and run
- Delayed steal
- Learning each defensive position on the field
- Understanding the basic concept of a game

## 14U

*Continue to reinforce all of the above.*

- Continued development of each player
- Learning each defensive position on the field
- Understanding the basic concept of a game

### **Important**

Please don't teach your players to wait for a walk or for the coach to come out and pitch to them. Teach them to swing the bat and to be a hitter.

### **Additional Training**

So Cal USA in conjunction with ASA/USA Softball is proud to have the ACE Coaching Certification Program. The ACE (Achieve, Certify, Educate) Coaching Certification Program is developed and designed to provide softball coaches of all levels—from beginning coaches to experienced veterans—an opportunity to certify as a coach with a national softball organization.

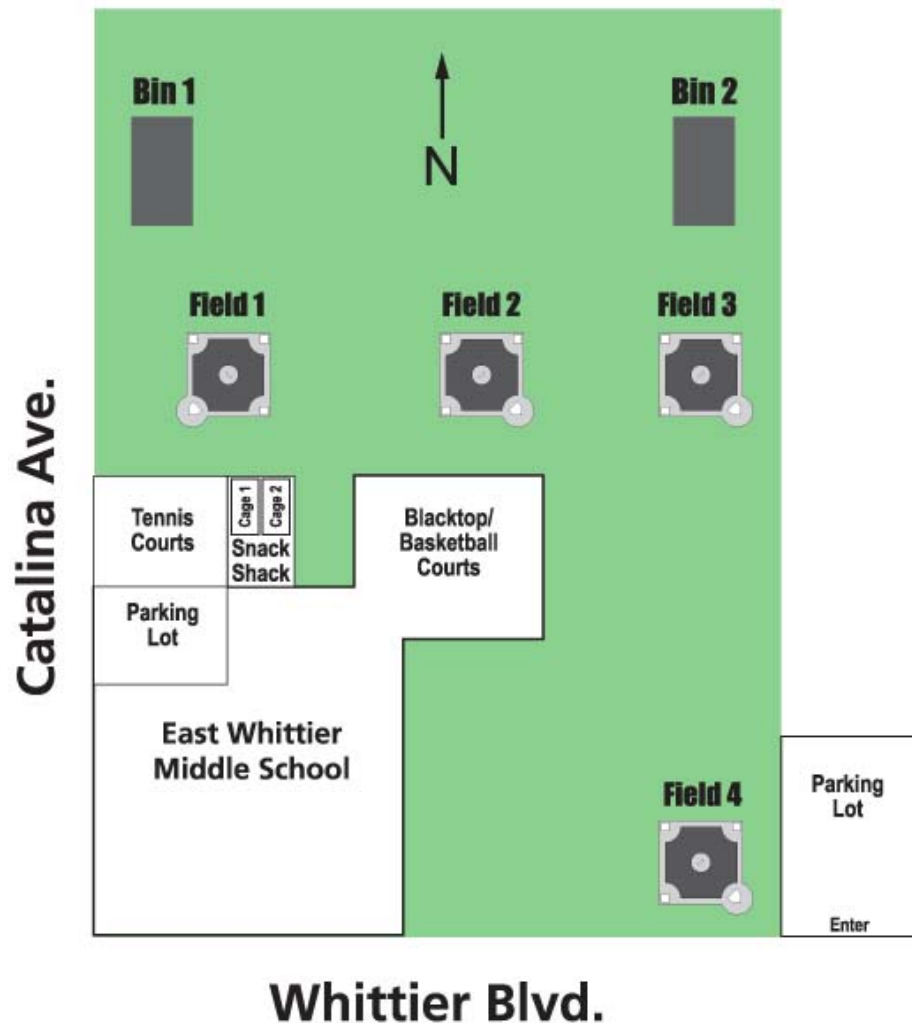
As the National Governing Body of Softball, it is the ASA's responsibility to ensure that our coaches achieve a certain level of understanding of what their duties are as coach of a youth softball team. The ACE Certification video, the ACE Certification Manual as well as the So Cal ASA 6 hour clinic are practical guides to the everyday situations you will encounter as a youth softball coach. The program utilizes a participation format to teach coaches how to identify skills of the game, isolate the players mechanics of the skill and to evaluate and improve the players mechanics. After obtaining your ACE certification, you will be well prepared to coach a youth softball team. For more information, please visit [www.socal-asa.com](http://www.socal-asa.com).

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## Accountability & General Policy

### East Whittier Middle School

East Whittier Middle School has been the home of the Whittier Girls Softball League for almost 15 years. We ask that you have the same respect to our home as you would to your home—in fact, we expect it. The league is very fortunate to have a place for the many girls to have a place to come together to play softball, make friends, but most importantly—to have fun.



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## Field Obligations

Please note that if a team does not fulfill their field maintenance obligation before and after every game, the board member on duty has the authority to inform them of this and that they will be suspended for their next game. If the manager attempts to manage at the next game, despite this warning, the board member on duty will notify the umpire that the game is officially forfeited and the game will be called.

## Alcohol

- No Alcohol is permitted anywhere on the school campus. This includes all parking lots.
- Anyone found having alcohol will be asked to leave the school property immediately. If they do not leave, the police will be called
- If the person is a coach, manager, team parent or Board Member, they will be suspended for the remainder of the season

## Smoking

- Smoking is not permitted anywhere on the school campus. This includes all parking lots.

## Dogs

- Dogs are not permitted anywhere on the school campus.

## Parking

- Do not park on the playground blacktop
- Parking is only available in the lot off Catalina and the School District lot off Whittier Blvd.

## Fence

- No climbing on/over fences surrounding any of East Whittier Middle School

## Recycling & Trash

Inform your players and parents to pick up their trash and dispose of it in its proper waste container. For aluminum cans and plastic, use the blue containers. All other trash goes in the non-blue containers. Both containers will be located at every field and at the Snack Shack for your convenience.

- Trash is everyone's responsibility!
- DO NOT throw trash on the floor
- DO NOT THROW trash underneath the bleachers
- DO NOT THROW trash onto the field
- Home teams will bring trash cans on and off the fields
- Clean your area after your game
- Bleachers—please clean under the bleachers
- Managers and/or teams may be suspended if trash is not picked up

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BOTH Home and Visitors teams will bring trash cans and recycling bins on and off the fields after picking up trash and debris left by the team and fans. On week-end games, the 1st teams playing will take the trash cans and recycling bins to the fields and the last teams playing will take them in. The trash will be emptied as needed and taken to the dumpster throughout the day. On week night games, the oldest team of the last games being played will stay to help to make sure everyone, including board members are off the fields and snack shack area and that everything is put away.

## Storage and Snack Shack Bin

Please remember to close and lock the storage bins after your practice. Do not assume that there is a team coming after you, unless you physically see the team ready to practice.

Failure to lock a bin during a scheduled practice may result in Manager suspension of the next scheduled game. Additional penalties could include forfeit of equipment deposit.

Please remember to lock all gates after your practice. Do not assume that there is a team coming after you, unless you physically see the team ready to practice. If you are the last team practicing on Field 1, Field 4, or Joe Miller Field, please turn off the lights when you are finished.

A lack of accountability and a loss of equipment equals a loss of money, time, effort, and resources. Please be alert to your duties and remember to pick up your trash and lock up when you leave. If you are unsure of something, call your Division Representative or an Executive Board Member to assist you. If you feel something has been stolen, tampered with, or you feel something is missing, please notify a board member on duty.

## Practices & Warm-Ups

### T-Ball, 8U

Practices will be 1-and-a-half hours, twice a week, and 1-and-a-half hours on Saturday before the season starts. A maximum of 4and-a-half hours per week including Saturday before the season starts and a maximum of 3 hours of practice after the season begins.

### 10U & Up

Practices will typically be 2 hour practices; a maximum of 6 hours per week including Saturday before the season starts and a maximum of 4 hours of practice time during the week after the season begins. All practices must be at approved WGS� practice sites.

## Days & Times

East Whittier Middle School–Practices and/or games cannot start early than 4:30pm nor can anyone from WGS� be physically on the school grounds Monday – Thursday. There is no practice on Sundays.

## Score Sheets–Home & Visitors

Home team is responsible for Official Score Sheet and should pick this up from the Shack Shack area. Both Managers must sign the score sheet. Pitcher(s) outs shall be highlighted (circled) in the scorebook. Opposing managers shall initial pitcher(s) out(s) at the end of the game. This is mandatory! All scorebooks will be reviewed weekly. If a manager does not sign the score sheet, (the pitcher outs) the pitcher deemed to be the best for that team will be credited with all of the outs for that game.

The Umpire will return the signed score sheet to the Snack Shack with the game balls.

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**Warning:** *If a team fails to sign the score sheet or pitcher outs, the pitcher deemed to be the best for that team WILL be credited with all of the outs for that game. The team also loses the right to protest.*

## Blackout Dates

Occasionally, East Whittier Middle School may post a “blackout date.” This means that the school has an event and that all WGSL events, games and/or practices will be cancelled or postponed for that particular day. All games that fall on a blackout date will be rescheduled and posted on [whittiersoftball.com](http://whittiersoftball.com) for your convenience.

## When Problems Arise...

If a problem or an issue arises on your team, first identify the problem and try to work it out without causing disruption to your team. If all attempts have failed and the problem still persists, contact your Division Representative. They will inform you of your options and will seek to address your needs in a timely manner.

# Communication & General Information

## WGSL General Board Meetings

The WGSL General Meetings are held every month on the 3rd Monday at Parnell Park and starts at 7pm. Each manager is a director of the WGSL General Board, and has one vote on League business. A team representative is required to attend the General Board Meeting. If the manager is unable to attend, the Manager’s vote may be delegated to a team representative to attend. We ask that all teams have representation present at the General Board meeting.

General Meetings are to discuss league business, voting, general announcements and resolve issues.

For the latest league information and announcements, please visit our website at <http://www.whittiersoftball.com>.

**Please note that no team representation at the General Board meeting may result in a suspension for the Manager at their next scheduled game.**

## Team Duties

### Manager

Each manager is a director of the WGSL General Board and they have one vote on league business. A representative of each team is required to attend the General Board Meeting held on every 3rd Monday of the month at Parnell Park. The General Board Meeting starts at 7pm. If the manager is not in attendance, the manager’s vote may be delegated to the team representation that does attend. We ask that all teams have a representative present at the General Board meeting. **No team representation at the General Board meeting may result in a suspension for the Manager at their next scheduled game.**

1. The Manager will be responsible for all business, team, player and financial affairs.

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2. The Manager will be responsible for managing the practices, the team and the players.
3. The Manager will work very closely with the appointed Team Mom and Coach.
4. The Manager will assist the Coach and the Team Mom with their duties as needed.
5. The Manager will assign duties to the Team Mom as needed.
6. Attend monthly Board Meetings

The Manager is also responsible for the cleanliness of the field and dugout. Also, the manager must fulfill their duties to maintain the field as required by the league. **Manager may be suspended for the next scheduled game if dugout area is not clean or the field is not maintained.**

## Coach

A WGSL Coach is the person responsible for teaching, training and preparing players of a team in the rules of softball.

1. The Coach is the person responsible for the softball education of a team.
2. The Coach will teach and instruct how to do drills, lessons, exercises, etc.
3. The Coach will be responsible for athletic growth of all the players.
4. The Coach will work with the Manager to discuss players, league items, plays, strategies, etc.

## Team Mom

The Team Mom is the designated person to communicate league information from the General Board Meeting to the parents. The Team Mom is an “assistant” to the Manager of the team.

- Know your players, parents, managers and coaches. Make yourself available to them to answer questions or coordinate team obligations.
- Make a list of emergency information and contacts to ensure names and numbers are correct. Request additional phone numbers to contact the parents in the event of a rain-out, cancellation of an event, etc.
- The Team Mom is required to have the medical release at all practices and games. If there is an emergency and a player’s parents is not there, then the Team Mom or designated parent will be the responsible adult to assist in obtaining emergency medical treatment.
- Manage, organize and coordinate team functions, fundraisers, snack shack duties and bathroom duties.
  - a. We suggest the team mom take the initiative to complete the team schedules. Don’t wait for volunteers. Develop a schedule in advance with everyone’s assignment dates, time and phone numbers. If an parent is unable to work or fulfill an assigned duty, let the parents coordinate among themselves and communicate the final result to you. The key items that require coordination is...
    1. Bathroom and Snack Shack Duty
    2. Game Day Snacks and Drinks by assigning dates to each parent

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- The Team Mom will handle and maintain the team funds. The Team Mom is responsible for collecting of all money owed to the league. Please remember to KEEP GOOD RECORDS and keep all receipts until the end of the season.
- The Team Mom, Manager or Coach are responsible for bringing the First Aid Kit to every practice and game.
- The Team Mom should know every player on the team and at least one of the parents.
- The Team Mom assists the league with functions, fundraisers and/or special events as needed.
- Work with the WGS� Board, Managers, Coaches, and parents for a successful season

## People You Should Know

### Division Representative

Each division has a Division Representative and they are the primary person or “contact person” for your division. The Division Representative is responsible for linking communication between the Executive Board and each manager. The Division Representative also reviews the score books to insure that all pitching rules are adhered to, and that the score books are being properly maintained.

T-Ball:	Brenda Trinidad
8U:	Hugo Trinidad
10U:	Chris & Carmen Salazar
12U:	Jeff Brauckmann
14U:	Karina Chuc

## Team Fundraisers & Team Fund

### Team Fundraisers

Each player has and/or will receive information regarding the league fundraiser. You will receive a list of players that you should expect fundraiser money and forms.

A player who does not turn in their fundraiser and they have not previously participated in the buy-out option for the fundraiser, will not receive their trophies and pictures (Spring season only).

1. WGS� holds fundraisers to supplement league expenses. In order for WGS� to have affordable registration fees, the league requires fundraisers to help pay for the lights, umpire fees, equipment, game balls, etc.
2. WGS� fundraisers are the following:
  - a. **Theme Basket** – Each team defines a theme and donates their theme basket for the Opening Day Raffle
  - b. **Magazines** – Each player, who does not buy-out, is obligated to sell 5 magazines at \$10. The buy-out for this fundraiser is \$40.
3. All checks should be made payable to Whittier Girls Softball League (WGS�)

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## Team Fund

1. The Team Mom will handle team funds and responsible for collecting money owed to the league. Please keep good records and receipts until the end of the season.
2. The maximum the league allows you to collect from each player is \$25.
3. The team fund is used to purchase player hats or visors, and to have any embroidery work done on the hats. Embroidery work can include team logo/name, girl's name and/or number. This is entirely at the discretion of the team.
4. The remainder of the team fund can be used for team parties or end of the year parties.

## **When Problems Arise...**

If a problem or an issue arises on your team, first identify the problem and try to work it out without causing disruption to your team. If all attempts have failed and the problem still persists, contact your Division Representative. They will inform you of your options and will seek to address your needs in a timely manner.

## **Emergency Information**

**Whittier Police Department**  
562-945-8250

**Animal Control**  
562-940-6898

## General Playing Rules 2009

### Important Things To Remember

1. Report all injuries to your Division Representative.
2. All rainout must be made up at the earliest possible date.
3. Any schedule changes due to a conflict must be reported by one week prior to the first game to the Division Representative in coordination with the Umpire in Chief. All schedules will be honored as is unless reported by this time.
4. Keep your team cheers and conduct of your players and parents controlled and respectful cheer for your team not against the opposing team (i.e. NO NEGATIVE CHEERS).
5. Verbal harassment from the sidelines directed at the opposing team, umpires, or players will not be tolerated.
6. It will be understood that the umpire will declare a forfeiture if a team intentionally directs abuse towards the opposing team.
7. It's everyone's responsibility to pick up all trash around the fields

### General Playing Rules

***WGSL General Playing Rules will apply unless an issue is specifically addressed in division rules. Division Rules take precedence over General Playing Rules.***

1. The official team shall consist of nine (9) players. If only eight (8) players are present, a team may participate without the ninth player. Less than eight (8) players does not constitute a team and will be an automatic loss. If a team starts with eight (8) players and during the game, a player has to be removed from the game for whatever reason, and this team does not have any substitutes, this will be an automatic loss for the team with less than eight (8) players.
2. If the catcher is on base with two (2) outs, the player that made the last out may run for the catcher to speed up the game.
3. A complete game shall be seven (7) innings for 12U & 14U, six (6) innings for 10U, five (5) innings for 8U & TBALL from the official starting time recorded in the official scorebook. The home plate umpire shall record the official start time of a game with the official scorekeeper. No new inning will begin after 1 hour and 25 minutes from the official start of the game. **THIS IS NOT DROP DEAD.** If an inning has been started before the 1 hour 25 minute time,

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the inning will be completed, unless the home team is ahead when it is their turn to bat. Should a game be tied at the end of the last inning, or time has expired, the international tiebreaker goes into effect (see general rule #8). A new inning starts with the final out of the home team. The time limit shall be waived barring interference with another regularly scheduled game, darkness, or rain as determined by the umpire. If a game is not complete or the inning needs to be completed, the game will be continued at a later date.

4. A manager may temporarily suspend or bench a girl on their team as a disciplinary measure for continued problem with the consent of senior player agent and division representative.
  - a. The only time a player may be benched during a game is when said player refuses to play an assigned position and/or displayed unsportsmanlike conduct. This must appear in the official scorebook before the regularly scheduled game or at the time a player refuses to play assigned position and/or displays unsportsmanlike behavior. The Executive board member must sign the official scorebook acknowledging approval of the disciplinary action.
5. All rostered players must be listed in the official scorebook. If a player is absent or injured, they should be listed at the bottom of the page with a notation indicating the reason for their absences from the batting line-up.
6. All protests shall be governed by the 2008 ASA Rule Book, rule #9, page 91. A variable fee must accompany the written protest and both must be delivered to the Vice-President within 72 hours. The variable fee shall be \$20.00 for the first protest. If the first protest is not upheld the fee will increase by \$10.00. The first \$10.00 from a protest not upheld shall go to the umpire of record. Any amounts over the \$10.00 will go to the general fund of WGSL.
7. Forfeit by the winning team for any reason other than pitching rule item "a", will result in a forfeit by the winning team and still a loss to the losing team.
8. International tie breaker goes into effect in the top of the 8th inning (7th inning for 10U and 6th inning for 8U), or if the time limit has exceeded, barring interference with another game. The last batter of the current half inning will be placed at second base at the beginning of each half inning. Both teams get their at bats and this process is followed until there is a winner (it is not a sudden death rule).

## Pitching Rules

- a. A pitcher may only pitch the amount of outs in a game specified in the division rules. A violation of this rule will result in a forfeit. In case of an extra inning game, the pitcher of record at the end of regulation (time or innings) may continue to pitch without penalty under the 7th inning rule and not be charged for any of the extra outs pitched. Any other pitcher with remaining outs for that game may also pitch in the extra inning(s) but any outs pitched would be charged toward her seven-inning rule.
- b. Only the starting pitcher may re-enter the game as a pitcher two times. All other pitchers may only be removed and return to pitch once. Three (3) defensive conferences allowed per game. Pitcher shall be removed for each additional conference.

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- c. In the event a game is rescheduled (within league rules), the pitching rules for the rescheduled game shall revert back to the week in which the game was originally scheduled. Rules for innings pitched shall apply.
- d. Pitcher(s) outs shall be highlighted (circled) in the scorebook. Opposing managers shall initial pitcher(s) out(s) at the end of the game. This is mandatory! All scorebooks will be reviewed weekly. If a manager does not sign the score sheet, (the pitcher outs) the pitcher deemed to be the best for that team will be credited with all of the outs for that game.
- e. After hitting three (3) batters in one (1) inning the pitcher shall be removed but may be returned in the next inning to pitch if re-entry limits or innings pitched would not be exceeded.

## Minimum Player Requirement

- a. Each player must play a minimum of nine (9) defensive outs. Players must play at least every other defensive inning.
- b. Round robin batting and free substitution will be in effect in these divisions.
- c. Any non-starting player not meeting the nine (9) defensive out requirement, due to a complete game of less than six (6) innings must start the next scheduled game. The penalty for not complying with this rule is a forfeit of the affected game. During the season, it is recommended that each player will play an infield position as one of her defensive turns on the field.
- d. One (1) defensive and one (1) offensive time-out per inning. A second defensive timeout will result in the removal of the pitcher for the remainder of that inning. Before granting the second timeout, the umpire should warn the person calling timeout of the rule to avoid any misunderstanding with the ASA timeout rule. No limit of timeouts due to injury or catcher equipment problems. Note: umpires are not required to make the warning of the second timeout.

## Five-Run Rule

- a. No team shall be allowed to go ahead of another team by more than five (5) runs in any inning unless the team coming to bat is already ahead, in which case that team would not be allowed to score more than five (5) runs in that inning. A team that is behind may catch up and extend the lead by five runs. There is no limit on the number of runs scored in the last inning. The umpire will notify each manager at the start of last inning.
  - b. Any team leading by 12 runs or more at the end of five (5) complete innings or eight (8) runs at the end of six (6) complete innings will be declared the winner. If the home team is ahead by the allotted amount of runs and has completed the required inning, it is not necessary for them to bat.
9. All ties, rainouts, honored protest, or postponed games will be rescheduled by the managers involved within 72 hours with written approval of the vice president, senior player agent, and division representative. If an agreement between the two teams cannot be reached, the vice president, senior player agent, and division representative will schedule the game. This

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game schedule will not be changed. Ties will be played off if needed, in the order they occur and the managers shall notify the vice president, senior player agent, and division representative of their ties. The rescheduled game will be completed before playoffs start.

- a. Postponements may be allowed with two (2) weeks prior notice and upon approval by vice president, senior player agent, division representative, and umpire in chief.
10. A girl selected after the draft, the manager is not required to play her for seven (7) days.
  11. All teams must be represented at the general board meetings of WGS�. A team must have a manager or coach at every meeting. Any parents may come if the manager or coach cannot. All WGS� meetings are open to anyone interested in the league. Penalty for not complying could result in suspension of manager for next scheduled game.
  12. Mandatory all managers and coaches must attend the WGS� managers & coaches training. This also includes future managers or coaches who have asked for affiliation and have not been approved. Failure to participate could result in denial of affiliation.
  13. Uniforms will be issued by WGS� and there will be no deviation from the original uniforms. Non-hooded sweatshirts or sleeves may be worn under the WGS� uniform. White or gray sleeves may not be worn by the pitcher. Players may wear jackets, sweatshirts, or sweaters during a game except when batting. Jackets, sweatshirts, or sweaters must be worn zipped, buttoned, or snapped.
    - a. All uniform shirts must be tucked in during entire game.
    - b. No jewelry! Practice or games!
    - c. No team jackets! There are no non-league affiliated team jackets allowed.
    - d. At the discretion of the parent, a player may wear black baseball pants when the weather is cold.
    - e. It is suggested by WGS� to not put the girls' names on personal items, such as visors.
  14. Both teams are responsible for set-up and tear down of the playing field. Picking up, placement, and returning of batting tee (T-Ball only), bases, pitching rubber, and the chalker for batters box and base line. These items are located in the shed near the fields.
    - a. Both teams are responsible for bringing a trash barrel from the snack stand area to the playing field. Also, policing the area after the game and picking up trash and debris left by the team and fans. The trash barrel should be dumped after every game and returned empty after the last game to the snack stand area.
    - b. Home team is responsible for official scorebook (pickup & return).

**Important:** *Rule interpretation: all batters, base runners, on-deck batters, or any player coaching bases must wear a helmet. All helmets must have a chin strap and an approved face mask. (this is mandatory by ASA rules as of 2006 and is included in the WGS� rules as a reminder.)*

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15. Snack shack coverage penalties. If a parent does not complete the snack shack duty for their daughter, they will forfeit the \$50 fee and their daughter will be suspended from the next game they attend. Each of these rules carries either a forfeit or manager suspension penalty. Every effort will be given to avoid these severe penalties if at all possible. WGSL does not want any adult problem to affect the girls if at all possible. However, if problems are recurring or if a reasonable solution cannot be agreed upon, the maximum penalty must be upheld.

## Division Playing Rules

### T-Ball Division Rules

#### Age

Girls six (6) years and under as of January 1st of the playing year.

#### Game

- a) Games shall be five (5) innings or one (1) hour and 15 minutes, whichever comes first. No new inning shall start after one (1) hour and 15 minutes.
- b) The team that is listed as visitors shall occupy the 1st base side. The team that is listed as home shall occupy the 3rd base side. The visitors are always at bat first with the home team to follow.
- c) All T-Ball teams will bat the entire lineup in the 1st inning then retire to the outfield. Each subsequent inning they will bat three (3) defensive outs or the entire line up, whichever occurs first before they retire to the outfield.

#### Playing Fields

- a) 45 feet base lines with a batting tee at home plate.
- b) Pitching rubber at 30 feet.
- c) A foul line shall be marked from the point of home plate with an arc of 12 feet from the third base line to the first base line.
- d) Hash mark at 22 1/2 feet on the first and third base line.
- e) A 10" reduced injury factor (rif) ball will be used for all games.
- f) Defensive player cannot pass the hash mark until ball is hit.
- g) Any defensive player crossing hash mark line will be called for defensive interference.
- h) The outfield is the area inside the foul lines and beyond the first to second and second to third base lines.

#### Pitchers

- a) The player who occupies the defensive position of the pitcher must stay in contact with the pitching rubber and positioned to see the batter until the ball is hit. Any violation of this rule will be ruled the same as catcher interference.

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- b) The player who occupies the defensive position of the pitcher must wear a batting helmet.
- c) Starting with the first game of the second half, coach pitches to own team. (see rule item "f" under "Batting" for second half batting).

## Coaches

- a) No more than four (4) coaches are allowed on the field when their team is on defense.
- b) Coaches must attempt to stay out of the play of the ball and may not touch the ball at any time.
- c) A ball unintentionally touched by a coach on the playing field remains in play.
- d) A ball intentionally touched by a coach on the playing field is considered dead and all runners advance (2) bases from the base they occupied before the ball was hit.
- e) Starting with the first game of the second half, a coach pitches to own team. (see rule item "f" under "Batting" for second half batting).

## Players

- a) Each team shall have a minimum of seven (7) eligible players in uniform ready to start the game at the scheduled starting time or the game will be rescheduled.
- b) The defensive team shall consist of ten (10) players; the tenth player shall be an outfielder, not a rover.
- c) Each player present for the game shall be given a position on defense at least every other inning.
- d) There shall be no set positions. Each player must/may play various positions.
- e) Players shall bat from the batting tee the first half of the season. (see rule item "f" under "Batting" for second half batting).

## Strike Out

The batter shall hit the ball off the batting tee. Each player will receive three (3) swings. After three (3) swings, if the ball is not hit, the batter is out. If fouled on the third swing, the batter gets one (1) more swing and the ball must be hit fair.

## Batting

- a) The batter shall hit the ball off the batting tee. A batter can strike out.
- b) The batted ball must be on or past the 12 foot arc line in front of the tee to be called a fair ball.
- c) All batters must wear a batting helmet with chin strap and mask.
- d) If a batter is put out by a defensive player, she will return to the bench.
- e) The infield fly rule does not apply in TBall.
- f) Starting with the first game of the second half, a coach pitches to own team. Coaches may stand in front of the pitching rubber. The defensive pitcher can stand on either side of the coach but not in front of the rubber. After three (3) pitches (good or bad), if the ball is not hit, the batting tee is placed on home plate. If the ball is fouled on the third pitch, the batter gets one (1) more pitch. The batter then gets two (2) swings off the tee to hit

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the ball fair. If the ball is hit foul, the batter gets one (1) more swing and the ball must be fair.

## Umpires

- a) Umpires for all T-Ball games will be parents, coaches or a Whittier registered 14U or 16U player.
- b) Umpiring of T-Ball games are casual in the nature that these umpires do not call strikes and balls. They are to insure that the games are played according to the rules as laid out above, and that order prevails.
- c) If the batted ball is touched by an infielder before it passes the 12 foot arc, and has not been called foul by the umpire, the ball is alive and in play.

## Base Running

- a) No stealing is allowed. Runners must stay in contact with the base until the ball is hit. If the ball is hit to the infield, all base runners, including the batter, may advance one (1) base and one (1) base only regardless of any overthrows or balls going out of bounds. If the batted ball returns to the infield (passes base path), then the base runner may continue to the bases headed for.
- b) Sliding is permitted.
- c) Batter running in fair territory and hit by the ball is out.
- d) Batter running in foul territory and hit by the ball is not out.

## Team

- a) A minimum of one (1) female 18 years or older, whose affiliation has been approved by WGSL. Must be on the field at all times. This includes all practices and games.
- b) Both teams are responsible for everything (fields, trash cans, benches).
- c) There is absolutely no scorekeeping at the T-Ball level. Scorebooks will not be issued.
- d) A line-up form shall be used for batting position.

**Remember:** There are no losers in the T-Ball division. Other divisions, yes. T-Ball, no.

## 8U Division Rules

### Age

Girls eight (8) years and under as of January 1st of the playing year.

### Game

- a. A complete game shall be five (5) innings or one hour and 25 minutes, whichever comes first from the official starting time recorded in the official scorebook. (see general rule #3) The home plate umpire shall record the official start time of a game with the official scorekeeper. Should a game be tied at the end of five (5) innings, or after time has expired, the international tiebreaker goes into effect (see general rule #8). A new inning starts with the final out of the home team (see general rule #3).

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- b. The team that is listed as visitors shall occupy the 1st base side. The team that is listed as home shall occupy the 3rd base side. The visitors are always at bat first with the home team to follow.
- c. A game shall be five (5) complete innings. A complete inning is when the home team is up to bat and has it's 3rd out. In the event time has expired, three (3) complete innings shall be considered a legal game or two and a half (2 1/2) complete innings if the home team is ahead.
- d. Should a game be tied at the end of five (5) innings, or after time has expired, an international tiebreaker goes into effect (see general rule #8).
- e. No team will be allowed to go ahead of another team by more than five (5) runs in any inning unless the team coming to bat is already ahead, in which case that team would not be allowed to score more than five (5) runs in that inning. A team that is behind may catch up and extend a lead by five runs.

## Pitchers

- a) Pitcher must have both feet touching the rubber when presenting the ball.
- b) Pitcher can not step backwards off the rubber at anytime during a pitch.
- c) Pitchers shall be limited to nine (9) outs per game during regular season. One (1) pitch will constitute an out. I.E. two pitchers pitch to one batter and strike her out. Both pitchers are charged with the out.).
- d) A violation of the above pitching rules will result in a forfeit.
- e) Only the starting pitcher may re-enter the game as a pitcher two times. All other pitchers may only be removed and return to pitch once.
- f) Three (3) defensive conferences allowed per game. Pitcher shall be removed for each additional conference.

## Playing Field

- a) Pitching distance shall be 30 feet.
- b) Base lines shall be 55 feet.
- c) A 10" dream seam ball shall be the only ball used in this age classification.

## Mercy Rule

Any team leading by 12 or more runs at the end of four (4) complete innings shall be the winner. If the home team is the team ahead by 12 runs they do not need to bat.

## Players

- a) The defensive team will consist of ten (10) players with the 10th player being an outfielder not a rover.
- b) Each girl present will be given a defensive position every other inning.
- c) Free substitution will be in effect.
- d) During the season, it is recommended that each player will play an infield position during one of her defensive turns on the field.

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## Strike Zone

- a) The strike zone extends from the top of the armpits to the top of the knees in natural batting stance.
- b) The umpire continues to call strikes even when a coach pitches. (see "Walk Rule" below).

## Batting

- a) Round robin batting (every player bats) shall be in effect.
- b) In the event that a player must leave a game, or is absent from a game as a result of a personal obligation, that player's position in the batting order shall be removed from the order without penalty. However, the manager or coach must notify the opposing manager or coach prior to the start of the game and note the incident in the scorebook.
- c) A batter can strike out. A strike is called if the batter swings and misses, ball is foul tipped, or if the pitch is called a strike by the umpire. A batter can strike out when coaches are pitching. (see "Walk Rule" below).
- d) First-half of season: Thrown bat will receive one (1) warning per team, per game. 2nd thrown bat will be an out.
- e) Second-half of season: No warnings. All thrown bats are outs!
- f) The team at bat shall switch to defense after having three (3) defensive outs made against them or going five (5) runs ahead of the other team.
- g) Infield fly rule and dropped third strike does not apply in this division.

## Walk Rule

- a) When a batter receives the fourth ball, a coach from the team batting shall pitch to the batter for the first half of the season only.
  - 1) The coach shall pitch from the rubber.
  - 2) The defensive pitcher shall stand on either side of or behind the coach with both feet within the pitching circle.
  - 3) The batter shall resume the previous strike count. This is the number of pitches that a coach can pitch to the batter. Example: if a batter had one (1) strike on her when she received her fourth ball, the coach can pitch a total of two (2) pitches. If the batter foul tips the last pitch, she will receive another pitch. No bunting or stealing when the coach is pitching.
- b) Second half of season: when bases are loaded and the pitcher throws the 4th ball, the offensive coach will come out to pitch to the batter with the remainder of the strikes from the count to throw. No bunting, no stealing, and no leading off when coach pitches. Runners can be called out. A pitcher cannot walk in a run.

## Base Running

- a) First-half of season: including playoff games, base runners may not leave their base until the ball crosses home plate at which time they may steal at their own risk. One base per pitch.

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- b) Second half of season: including playoff games, base runners may not leave their base until the ball leaves the pitchers hand at which time they may steal at their own risk. One base per pitch.
- c) A runner attempting to advance illegally under this rule is liable to be put out, i.e. The ball is alive and in play.
- d) A base runner in sole possession of an illegally stolen base shall return to the correct base without liability to be put out when the ball becomes dead i.e. A base runner may not be tagged out while standing on the base alone.
- e) Players shall not steal home. To score from 3rd base, a base runner must be hit home or forced home. A runner may also score as a result of the catch and carry rule.
- f) A player hit by a pitch shall receive a base, unless coach is pitching.

## The Team

- a) A minimum of one (1) female 18 years or older, whose affiliation has been approved by WGSL. Must be on the field at all times. This includes all practices and games.
- b) Both teams are responsible for everything (fields, trash cans, benches).
- c) Each team will provide one (1) scorekeeper per game. Home team will also provide the official scorekeeper.
- d) A lineup form shall be used for batting position.

## 10U Division Rules

### Age

Girls ten (10) years and under as of January 1st of the playing year.

### Game

- a) A complete game shall be six (6) innings or one hour and 25 minutes, whichever comes first from the official starting time recorded in the official scorebook. (see general rule #3). The home plate umpire shall record the official start time of a game with the official scorekeeper. Should a game be tied at the end of six (6) innings, or after time has expired, the international tiebreaker goes into effect (see general rule #8). A new inning starts with the final out of the home team (see general rule #3).
- b) The team that is listed as visitors shall occupy the 1st base side. The team that is listed as home shall occupy the 3rd base side. The visitors are always at bat first with the home team to follow.
- c) A game shall be six (6) complete innings. A complete inning is when the home team is up to bat and has it's 3rd out. In the event time has expired, three (3) complete innings shall be considered a legal game or two and a half (2 1/2) complete innings when the home team is ahead.
- d) Should a game be tied at the end of six (6) innings, or after time has expired an international tiebreaker goes into effect (see general rule #8).
- e) No team shall be allowed to go ahead of another team by more than five (5) runs in any inning unless the team coming to bat is already ahead, in which case that team would

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not be allowed to score more than five (5) runs in that inning. A team that is behind may catch up and extend a lead by five runs.

## Pitchers

- a) Pitchers shall be limited to nine (9) outs per game during the first half of the season and twelve (12) outs per game during the second half of the season. One (1) pitch will constitute an out. I.E. two pitchers pitch to one batter and strike her out. Both pitchers are charged with the out.)
- b) Only the starting pitcher may re-enter the game as a pitcher two times. All other pitchers may only be removed and return to pitch once.
- c) Three (3) defensive conferences allowed per game. Pitcher shall be removed for each additional conference

## Playing Field

- a) Pitching distance shall be 35 feet.
- b) Base line shall be 60 feet.
- c) An 11-inch Worth level softball will be the only ball used in this age classification.

## Mercy Rule

The team leading by 15 or more runs at the end of four (4) complete innings, 12 runs after five (5) complete innings, or eight (8) runs at the end of six (6) complete innings shall be declared the winner.

## Players

- a) The defensive team will consist of 9 (nine) players.
- b) Each girl present will be given a defensive position a minimum of every other inning.
- c) Free substitution will be in effect.
- d) During the season, it is recommended that each player will play an infield position during one of her defensive turns on the field.

## Strike Zone

The strike zone extends from the armpits to the top of the knees in natural batting stance.

## Batting

- a) Round robin batting (every player bats) shall be in effect.
- b) In the event that a player must leave a game, or is absent from a game as a result of a personal obligation, that players' position in the batting order shall be removed from the order without penalty. However, the manager or coach must notify the opposing manager or coach prior to the start of the game and note the incident in the scorebook.
- c) First-half of season: Thrown bat will receive one (1) warning per team, per game. The 2nd thrown bat will be an out.
- d) Second-half of season: No warnings. All thrown bats are outs!

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- e) The team at bat shall switch to defense after having three (3) defensive outs made against them or going five (5) runs ahead of the other team.
- f) Infield fly rule is in effect. (Runners on 1st & 2nd, or 1st, 2nd, & 3rd with less than 2 outs, the batter hits the ball into the air that could be caught by an infielder. It does not need to be caught.) Batters' out.
- g) Dropped 3rd strike will be in effect.

When the catcher fails to catch the 3<sup>rd</sup> strike before the ball touches the ground and there are:

- a. Fewer than two outs and first base is not occupied at the time of the pitch OR
- b. Any time there are two outs.

## Walk Rule

When a batter receives a fourth ball, the player will advance to 1st base. A batter that is walked to 1st could attempt to steal 2nd at their own risk.

## Base Running

- a) Base runners may not leave their base until the ball leaves the pitchers hand at which time they may steal at their own risk.
- b) A base runner in sole possession of an illegally stolen base shall be returned to the correct base without liability to be put out when the ball becomes dead i.e. A base runner may not be tagged out while standing on the base alone.
- c) An overthrow from the catcher returning the ball to the pitcher after a pitch has been made does not constitute a "play".
- d) Players can steal home. A runner may also score as a result of the catch and carry rule.
- e) Delayed steals and sliding are encouraged. A runner can be called out for hesitation and not sliding.

## The Team

- a) A minimum of one (1) female 18 years or older, whose affiliation has been approved by WGSL. Must be on the field at all times. This includes all practices and games.
- b) Both teams are responsible for everything (fields, trash cans, benches).
- c) Each team will provide one (1) scorekeeper per game. Home team will also provide the official scorekeeper.
- d) A lineup form shall be used for batting position.

## 12U Division Rules

### Age

Girls twelve (12) years and under as of January 1st of the playing year.

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## Game

- a) A complete game shall be seven (7) innings or one hour and 25 minutes, whichever comes first from the official starting time recorded in the official scorebook (see general rule #3). The home plate umpire shall record the official start time of a game with the official scorekeeper. Should a game be tied at the end of seven (7) innings, or after time has expired, the international tiebreaker goes into effect (see general rule #8).
- b) The team that is listed as visitors shall occupy the 1st base side. The team that is listed as home shall occupy the 3rd base side. The visitors are always at bat first with the home team to follow.
- c) A game shall be seven (7) complete innings. A complete inning is when the home team is up to bat and has its 3rd out. In the event time has expired, four (4) complete innings shall be considered a legal game or three and a half (3 1/2) complete innings when the home team is ahead.
- d) Should a game be tied at the end of seven (7) innings, or after time has expired an international tiebreaker goes into effect (see general rule #8).
- e) No team shall be allowed to go ahead of another team by more than five (5) runs in any inning unless the team coming to bat is already ahead, in which case that team would not be allowed to score more than five (5) runs in that inning. A team that is behind may catch up and extend a lead by five runs.

## Pitchers

- a) Pitchers shall be limited to twelve (12) outs per game during regular season. One (1) pitch will constitute an out. I.E. two pitchers pitch to one batter and strike her out. Both pitchers are charged with the out.)
- b) Only the starting pitcher may re-enter the game as a pitcher two times. All other pitchers may only be removed and return to pitch once.
- c) Three (3) defensive conferences allowed per game. Pitcher shall be removed for each additional conference.

## Playing Field

- a) Pitching distance shall be 40 feet.
- b) Base line shall be 60 feet.
- c) A 12-inch Worth level softball will be the only ball used in this age classification.

## Mercy Rule

The team leading by 12 runs or more after five (5) complete innings or eight (8) runs at the end of six (6) complete innings shall be declared the winner. If the home team is ahead by the allotted amount of runs and has completed the required inning, it is not necessary for them to bat.

## Players

- a) The defensive team will consist of 9 (nine) players.
- b) Each girl present will be given a defensive position a minimum of every other inning.
- c) Free substitution will be in effect.

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- d) During the season, it is recommended that each player will play an infield position during one of her defensive turns on the field.

## Strike Zone

The strike zone extends from the armpits to the top of the knees in natural batting stance.

## Batting

- a) Round robin batting (every player bats) shall be in effect.
- b) In the event that a player must leave a game, or is absent from a game as a result of a personal obligation, that players' position in the batting order shall be removed from the order without penalty. However, the manager or coach must notify the opposing manager or coach prior to the start of the game and note the incident in the scorebook.
- c) No warnings. All thrown bats are outs!
- d) The team at bat shall switch to defense after having three (3) defensive outs made against them or going five (5) runs ahead of the other team.
- e) Infield fly rule is in effect. (Runners on 1st & 2nd, or 1st, 2nd, & 3rd with less than 2 outs, the batter hits the ball into the air that could be caught by an infielder. It does not need to be caught.) Batters' out.
- f) Dropped 3rd strike will be in effect.

When the catcher fails to catch the 3<sup>rd</sup> strike before the ball touches the ground and there are:

- c. Fewer than two outs and first base is not occupied at the time of the pitch OR
- d. Any time there are two outs.

## Walk Rule

When a batter receives a fourth ball, the player will advance to 1st base. A batter that is walked to 1st could attempt to steal 2nd at their own risk.

## Base Running

- a) All games including playoff games, base runners may not leave their base until the ball leaves the pitchers hand at which time they may steal at their own risk.
- b) A base runner in sole possession of an illegally stolen base shall be returned to the correct base without liability to be put out when the ball becomes dead i.e. A base runner may not be tagged out while standing on the base alone.
- c) An overthrow from the catcher returning the ball to the pitcher after a pitch has been made, does not constitute a "play".
- d) Players can steal home. A runner may also score as a result of the catch and carry rule.
- e) Delayed steals and sliding are encouraged. A runner can be called out for hesitation and not sliding.

## The Team

- a) A minimum of one (1) female 18 years or older, whose affiliation has been approved by WGSL. Must be on the field at all times. This includes all practices and games.

# Whittier Girls Softball League

- b) Both teams are responsible for everything (fields, trash cans, benches).
- c) Each team will provide one (1) scorekeeper per game. Home team will also provide the official scorekeeper.
- d) A lineup form shall be used for batting position.

## 14U Division Rules

### Age

Girls fourteen (14) years and under as of January 1st of the playing year.

### ASA Rule Rules

- a) Unlimited pitching.
- b) Drop third strike rule.
- c) Infield fly rule.
- d) Open home plate.
- e) Delay steals.

### Inter-league Rules

WGSL Guidelines same as 12U, except for pitching and "Pitching Rules" item "c"

## 16U Division Rules

### Age

Girls sixteen (16) years and under as of January 1st of the playing year.

### ASA Rule Rules

- a) Unlimited pitching.
- b) Drop third strike rule.
- c) Infield fly rule.
- d) Open home plate.
- e) Delay steals.

### Inter-league Rules

WGSL Guidelines same as 12U, except for pitching "Pitching Rules" item "c"